

Fifty Cents the Year--Nine Numbers

The Forestonian

Vol. II Mount Vernon, Wash. No. 5

SINCERITY

By Miss Edith Boomer

Of all the traits of character in man
That call forth admiration and esteem,
Upon but very few does heaven beam
With joy as true as on the one whose plan,
Permitted to control man's narrow span,
Will make of him a vessel without seam
Where'er beheld, showing no contrary theme,—
Sincerity, a virtue none can ban.
O that we were sincere in word and act,
That we might be ourselves without pretense,
And smoth'ring all the false, retain the true.
O that we could repress with needful tact
Each hasty deed, lest others judging hence
Mistake for us the rash things that we do.

FEBRUARY 1914

JUST A WORD

Forest Home students, be sure and don't forget!
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Virgil C. Becraft - - Business Manager

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Mount Vernon,	Washington
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TACT

By R. W. Conard

THERE is implanted in the human heart---it is a heritage of all to a greater or less degree---a desire to succeed, to accomplish something, to be somebody; and together with the desire God imparts the rule of conduct which, if adhered to, will lead to greater usefulness in life; but cast aside, leaves one a part of the useless heap of rubbish already grown too large. God's rule is thus summed up: "He that would be greatest among you let him be servant of all," and again in the golden rule, "As ye would that men should do to you do ye even so to them."

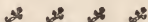
The part of life most worth while---that part which makes life enjoyable and worth the living---is made up of little things---little pleasantries and acts of kindness---things of themselves too small to attract much attention, yet so important that he who would be of greatest service to mankind dare not fail to observe. The sunshine can accomplish what the storm can not, and a smile will obtain more than a frown.

Would you gain that rare ability---rare because sought for in the wrong way---of accomplishing thru another a desired end, you yourself must learn to do at the bidding of another. Would you lead others; then

learn first yourself to be led. Would you be able to govern another; learn first to govern yourself. Chance may place you at the head but it can not keep you there.

Tact, so often that of as an endowment upon one from birth---a something bred in the flesh and bone---is naught but the Rule of God lived out in human lives. Greater is he, in the sight of God, who can win and keep a friend, than the man that rules whole nations with the hand of iron.

Tact is not the gift of God to one alone, but all who will may learn the way of love. Youth is the time to learn how to be led; manhood the time to lead.



FORGETFULNESS

By Miss Esther Lofgren

FORGETFULNESS is inability to remember. All our knowledge comes from stored up sensations, and these memory recalls.

Memory depends on two necessary things, so when one of these is lacking the result is forgetfulness. The first is impression, which depends largely upon the power of attention; second, the power to reproduce the stored up impressions.

Originally memory was designed to reproduce everything. The antediluvians never forgot anything. This accounts for the fact that there were no records before the flood nor for hundreds of years afterward.

Thru transgression the memory has become

treacherous and compared in the Bible to "leaking vessels" (Heb. 2:1), and we are compelled to resort to the string around the finger, the knot in the handkerchief, and other means in order to recall the most common duties of life.

A synonym of forgetfulness is carelessness. Altho the human mind has degenerated, if habits of carefulness, attention and thotfulness were cultivated, we would not forget the many things we do. Forgetfulness will become a habit with us if we allow it to become such; but in our building of a Christian character from day to day, let us try to conquer this wrong tendency and remember to do the little acts of kindness and speak the word of comfort and cheer to those about us who need them.



WHY I LIKE SCHOOL LIFE

By Miss Josephine Johnson

One of the most important reasons why I like school life at Forest Home is the good spirit among the students. To associate closely with those who have a desire to be successful, tends to encourage your desire to succeed. Then, also, the association of Christian young people gives you a good experience.

Our lessons are interesting and are of practical value.

This school has been planted here by God, for the purpose of training young people for His service. The lessons learned here every day-help to make our character. One of the lessons I have especially learned is that of adaptability---a lesson which every young man or woman, expecting to work for God, must learn.

BUCK AND ZIP

By Miss Edna Hollenbeck

During the Puyallup camp-meeting in 1905 Mr. Vance learned that the Forest Home Academy was in need of a team, so he took Prof. L. I. Stiles to look at his. After considering the matter with other men in authority the team was purchased, and they started on their long drive for Forest Home Academy.

Zip was rightly named, for she was very high lited and a fine little traveler. Buck was also rightly named, not only because of his buckskin color but because he did not believe in carrying anyone on his back if he could help it. The boys used to think it great sport to get some city boy on his back and then watch the performance.

The team was rather light, weighing perhaps about 1900 pounds, and made a fine driving team. As soon as they were hitched up they thot they should be off and sometimes it took quite a bit of strength to hold them till all were in the rig and ready to start.

They had known nothing but city life, and when they were first brought into the country did not know how to act and often refused to work, but by careful handling were soon broken of this, and no team in the country were more willing workers than they.

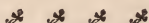
Both Buck and Zip have met with accidents, and Zip was so badly hurt at one time that it seemed almost best to kill her; but after careful doctoring she was able to take up her work again.

Anyone who has had anything to do with an insti-

tution like Forest Home Academy knows there are many things for a team to do; and if Buck and Zip were persons I would say the reason they have worked so hard for the school is because they know they are connected with an institution which is bound to succeed in all it undertakes, and they must therefore do all they can to help.

Buck and Zip are growing old now and of course can not do the work they did in their younger days.

If I were wealthy enough I would buy a fine big team for the Academy and turn Buck and Zip into a fine pasture, there to live in ease the remainder of their lives, as a little token of thanks for the work they have done for us.



THE ABILITY TO CONVERSE

Perhaps the most extensively exercised talent possessed by mankind is that of communication, and especially conversation---nor is the word "talent" misappropriated when used in this sense. Much of one's enjoyment of life depends upon the extent to which he has cultivated his ability to converse---not meaning, however, that he who talks most is happiest, for mere talking is not necessarily conversing.

The art of conversation properly cultivated becomes a gift of cleverness, and of so great benefits that in it are stored many of life's interests. The first of these benefits to be considered is that along intellectual lines. The individual who, for instance, has never had opportunity for extensive travel may derive knowledge from conver-

sation with the person who has; or the traveler himself may learn much from those he meets in the different walks of life. Imagine the business world deprived of this important factor, and think what it means to humanity socially.

The good conversationalist has an element of character that makes him an agreeable companion, for however much another talent may be hid the ability to converse makes itself manifest in the most ordinary occurrences every day. To illustrate: greatly skilled as one might be in music, art, or some other branch of culture, it might be possible for him to associate with thousands of persons without their ever having guessed his talent, but continually one's value is being estimated by his manner of conversing.

It is in the ability to converse that tact has its foundation, and tact is the source of social gravitation. Then, in a word, too high an estimate, socially, can not be placed upon the value of our words. M. L. Y.

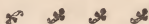


DESIRE AND DETERMINATION

Every person has a desire---worthy or unworthy---but how few ever realize their desire! There are many who desire wealth or fame, others who desire power, education, or to become a great writer, or an orator. Their desire is merely a wish, and it goes no further. Let them wish all the days of their life and they will never realize their desire, because it will cost them an effort to do so. The desire or wish is an essential

step in success, but it is utterly devoid of action. The world is full of "wishes," but they will never accomplish anything of worth. If you have a worthy desire, cherish it; resolve until your desire becomes determination, and then you are sure to win. There is power and action in the word "determination." There is scarcely a thing that determination can not accomplish; it will remove the greatest obstacles, and make possible that which before seemed folly to attempt. Determination knows no defeat---only continual struggle, and in the end victory. How much better it would be if we would "determine" rather than merely "desire."

L. C. W.



BIOGRAPHY OF PROFESSOR CONARD

[Concluded.]

By Miss Marian Heywood '15

In 1909 he was urged to leave his work at College Place and come to Ames Academy in Idaho to open up that institution. After much consideration this step was taken and Professor Conard found himself surrounded with work which not only demanded his skill as a printer in getting out a school calendar for the Academy but his knowledge of plumbing and engineering as well. One year of strenuous labor was passed here and with its close came the request on the part of Prof. Conard for a year of rest. Notwithstanding this he was asked by the conference in the Upper Columbia district to act as conference secretary of the educational, Sabbath-school and young people's work.

At Walla Walla College there was need of an instructor in mathematics and printing, so Professor Conard was relieved of his secretary work and went thither to assist in those departments.

Upon leaving the College he went to Portland thinking that the Sanitarium there might afford him an excellent opportunity for start upon his medical career, but being unable rightly to arrange matters he again took up the printer's trade, following it for the greater part of two years.

Professor Conard's health now absolutely demanded rest and accordingly he resorted to farm life for a few months coming to Seattle last fall to make a visit with his wife's parents.

It was in Seattle that the school board found Professor Conard when Forest Home Academy needed a teacher for the science branches.

His first introduction to the school was a fortnight of labor on the Academy's heating plant but this was not a new experience, for it seems that he has always been blessed with plenty to do.



POETRY

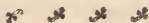
Poetry might be aptly defined as "that which uplifts the soul." Surely the mind and heart of the author must be infinitely nearer heaven during his hours of quiet meditation.

Poems with a thread of narration running thru

them are too often read for the story. We listen attentively to the narration, but fail to notice the manner in which even a common-place thot is colored and made richly beautiful by a choice of language which gives it perfect expression. We will appreciate the rare genius of the maker if we study his verses and dwell upon their beauty and strength. The story told in any poem could be written up in a few brief lines but it would never be valued, nor would it be of any worth.

The benefit derived from a careful study of poetry can not be estimated or realized in a single day or year.

Poetry carries us away from the practical, and gives us a glimpse into the realm of purity, beauty, and truth.



CONSTANCY

When the sun is shining and the sky is blue, perhaps with the first touch of summer, it is easy to smile; but when the rain falls dismally upon the roof it is quite a different matter---it is then that we show our real worth if we can keep a cheerful face. When the problems of life seem to "work just right" and the future is bright, then it costs no effort to be pleasant. But to every individual come times of discouragement and doubt when it seems that he indeed has found the cloud which has no silver lining, and it is he, who at such times so closely hides his own personality that his closest friends scarcely see a difference in him, who is dependably constant.

M. L. Y.

THE FORESTONIAN

Issued Monthly by the Students of Forest Home Academy

Lyle Wilcox '14 - Editor-in-Chief

Marian Heywood '15 - Literary Editor

Lester Steck '14 - News Editor

Marie Young '14 Circulation Mgr. Virgil Becraft '16 Mgr.

Entered as second-class matter December 10, 1912, at the post office at Mount Vernon Wash., under the Act of March 3, 1879.

The anticipations of Forestonians have become real. For a number of years a third Academy building has been a matter of much talk and anticipation. Although our new building is not yet completed, we are using it, and are thankful for it; and although we have been a little inconvenienced in making the change, we appreciate the fact that we do not have to climb two flights of stairs in order to reach a class room (which in fact was no class room after we had reached it), and do not have to use the "ceiling" for blackboard space.

The building has been put up under adverse circumstances, but thanks to the indomitable spirit of a few, the effort has succeeded. Had it not been for their faithful and determined efforts (a case of determination) we fear it would have been a long time before we could have enjoyed the room and convenience of the new building.

L. C. W.

Because you were not born in a three-sided log cabin, do not think that fate has a grudge against you and "after all there is no use." Because one of our most beloved countrymen was born in poverty it does not follow that it was his environment which won for

Lincoln his superior goal. It, on the other hand, was his indomitable will to conquer be the odds what they might. It was stored up energy within that must be worked off, and it balanced evenly with the obstacles in the hill path before him.

Nor is this resolute decision a special gift of nature to a certain favored few. It is possible to every creature with a normal supply of brain matter and results from a fixed determination to be keenly alive to everything, and to do diligently that which is plainly your duty. And where will you begin?---Why, right where you stand. And you may as well begin with the little things lest they be omitted, and after all they are the flakes that make up the snowdrift.

M. L. Y.

We believe that not one heart finds shelter within the hospitable walls of Forest Home Academy but beats loyally for the Institution and its every enterprise. Fellow students, help us to make The Forestonian---your paper and ours---a success. How can you do it?---By cheerfully contributing articles solicited from you and feeling that the paper is yours.

The Staff.

Attention is called to an omission which occurred in the last issue of The Forestonian: The cover design of the January number was drawn by Virgil C. Becraft, '16, Business Manager of the paper. We are proud of our local talent.

Academy Brevities

Elder W. F. Martin spent a Sabbath with us the latter part of January.

Elder Johnson spoke to the Academy students at the chapel period, February 2.

Mr. Lang Bell, brother of Miss Katie Bell, one of our instructors, arrived at the school February 13. He will be one of our students the remainder of the school year.

Mr. George MacLafferty, of Aberdeen, is at the Academy papering our new building for us. The work is progressing nicely. Mrs. MacLafferty came with him so that he would not get homesick.

Nature gave us a strange demonstration of weather early one morning the last of January; a snow flourish was accompanied by thunder and lightening. It is not every place that has enough summer in January for an electric display.

Mr. Lyle C. Wilcox, our Editor-in-Chief, returned to the Academy February 3, but soon after received word that his father, who had been sick, was much worse, so he again returned home. Mr. Wilcox was a member of the senior class, and he will be greatly missed not only by the class but by all who knew him.

Miss May Bell, of Auburn, spent the first few days of the month with her sister, Miss Katie Bell, of the Academy.

Messrs. Evilsisor and Dixon have shown their friendship to Forest Home by hauling the high pressure boiler and materials for its installation. We wish to thank them for their kindness.

There were defects found in two of the flues of our high pressure boiler, but the school replaced them with new ones. The boiler is now doing us excellent service; it is a decided success.

Prof. E. C. Kellogg, of Walla Walla College, paid the Academy a recent visit. We had expected him for a long time, and were prepared to appreciate the good talk he gave us in chapel all the more for the delay.

February will be a spring month at Forest Home, for already the grass is beginning to grow. If some of our Eastern friends were to visit us, they would recognize appearances that to them would indicate April or May.

"Anticipation is greater than realization." This was illustrated to the dormitory students on the third of February. Snow had been falling all day and a sleigh ride was planned, but about an hour before the sleigh arrived the nice dry snow was well wet by a good shower. The ride proved to be one thru mud rather than over snow. Those who participated reported an enjoyable time even tho they were tipped over into a ditch.

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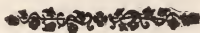
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**Most students throw away
enough time to educate
themselves.---**From a chapel talk.